

Sound

The word **SOUND** is actually a very special word. It has quite a few **WONDERFUL** meanings that differ – thus it is a weighty word that, when investigated, holds beautiful reminders of important lessons and ideas.



GET 'SOUND' SAVVY

SOUND IMPLIES THE ABILITY TO LISTEN: HEAR PEOPLE'S OPINIONS OR NEEDS. HOW POWERFUL IS YOUR SILENCE?

SOUND: (n)

- vibrations that travel through the air or another medium and can be heard when they reach the ear.

- the area or distance within which something can be heard

SOUND: (v)

- to emit/cause a sound.
- to give a signal
- to convey a warning
- to test
- to convey a specific impression
- ascertain the depth of water in the sea, a lake, or a river

SOUND: (adv)

- to be in good condition
- based on valid reason/good judgement
- reliable, competent, holding acceptable views.
- undisturbed/ peaceful rest

There are a few more interpretations – but these are a great start to note!
(pun intended)

TITUS 2:7-8

In everything set them an example by doing what is good. In your teaching show integrity, seriousness and soundness of speech that cannot be condemned, so that those who oppose you may be ashamed because they have nothing bad to say about you.

I WILL SURVIVE – Gloria Gaynor

SOLID / SEKER: to be a 'solid' type of Swellie – one is best served when listening to SOUND advice! Being someone who has SOUND beliefs will allow others to SOUND their ideas safely with you. Being of SOUND mind will keep you from making bad decisions. And SOUNDING your voice against injustice will be a SOUND test of how solid you truly are.

CONSIDER THESE SOUND BYTES OF SOUND ADVICE FROM A SOUND SOURCE:

Luke 8:17 - For nothing is hidden that will not become evident, nor anything secret that will not be known and come to light.

1 Corinthians 15:33 - Do not be deceived: "Bad company corrupts good morals."

Romans 5:3 - And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance;

BETTER TOGETHER – Jeremy Loops

ONE / ONWRIKBAAR: To be "onwrikbaar" means that you are unflinching in the face of adversity and cannot be brought down easily. You face life looking difficulty squarely in the eye – undaunted, in spite of great enemies, you persevere. How is this possible? By facing it all AS ONE. We must aim to be ONE with our school, friends, faith and support for each other.

1 Thess 1:4 - Therefore, we speak of you with pride for your steadfastness [your unflinching endurance, and patience] and your firm faith in the midst of all the persecution and [crushing] distress which you endure.

UNITY – King & Country

UNITY: Unity means that Swellies stand together. We face our challenges together. We root for change together. We discover new things together. We reach for higher heights together. We heal together. As a Swellie – let's make sure no one gets left behind, because together we can uplift each other and be unailing toward one another..

1 Peter 3:8 - There is Strength in Unity

Ecclesiastes 4:9-10 - Two are better than one, because they have a good return for their labour: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.

NAH GON DO – Ashh Blackwood

NOBLE / NEDERIG/NURTURING : Being noble includes the idea of being humble. There is nothing more noble than putting someone before yourself - it also shows you care. We should not only nurture each other, but care about issues/conditions; rights and wrongs. Being noble is not only seen in actions, but in thought, for our thoughts lead us. Swellies, think of others :what they may be facing, and act noble – be nurturing!

Phillipians 4:8 - Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy think about such things.

RESPECT – Jennifer Hudson

DIVERSITY / DANKBAARHEID /DIENS/ DIRECTION: Swellies must remember that we have a school filled with a beautifully diverse group of people. It is important that we humble ourselves to learn and include, but also include diversity in the idea of a unified Swellie-identity. Thankfulness is important: rejoice and be thankful in even the challenging circumstances.

Learn to say thank you to people when they help you. Service is what makes us truly noble, truly unified, truly unflinching and truly solid. When we serve others, we learn to be grateful for the service we too receive and we add value to our Swellie family. When we base our actions on values – that is when we have good direction, based on sound principles and good choices!

WHERE ARE YOU NOW SWELLIE? WHERE ARE YOU GOING NEXT?

May our Swellie-sound be like a shout of joy! Not a clanging symbol – but a declaration of love: for each other, for what we hope to do and for what we achieve.

